

**Drivers notes....** (Ideally you should have Ordnance Survey maps for the whole route)

**Some changeovers can be hard to meet the incoming runner in time. Do not let people get changed/go to toilet/talk etc after they have finished their leg. Everyone must get straight into the van and proceed to the next changeover where time may be available.**

**General advice – Ensure that you book in (with estimated time of changeover) and out at each changeover and have all your runners on board! ( except the one running)**

**Make a note of any teams who take shortcuts etc so you can fill in the incident report.**

**Most parking areas get very busy so try to park facing out of the car park before your runners changeover as you may be in a hurry to leave. Ensure you have someone awake at the back of the van to help in directing you into parking spaces.**

**Petrol stations are rare on the route so ensure you have plenty in the tank.**

**Toilet stops likewise are rare the only ones en route are at the start , Exceat 1-2, Southease 3-4 QE2 country Park 14-15 and sometimes the sustainability centre changeover 15-16.**

### **Changeover 1-2                      Exceat**

You only have time to see the start and then need to get going, cheering your runner as you pass along the coast road heading West. Stop at Birling Gap carpark and check your runner through. Then continue to East Dean and turn left on the A259 to Exceat. Park in the car park at the bottom of the hill. Two Baton changeover.

### **Changeover 2-3                      Bo-Peep Farm**

From Carpark exit onto A259 then immediate right Continue North towards Litlington and turn left before Lullington Hill then right just North of Alfriston after the humpback bridge to reach the A27 at Drusillas roundabout. Turn Left on A27 and just before Selmeston turn left onto bostal road Bo-Peep Lane(difficult to see, it is after turning to Alciston). The changeover is at the top of the hill. This is a narrow road and other vans will be coming down. Watch out !!!! Carpark can be very busy - some room before carpark on road.

### **Changeover 3-4                      Itford Farm**

***You need to be quick to this changeover.***

Return to A27. Turn left towards Lewes and then left at A26 to Newhaven. At Itford Farm turn right into Farm to park – signposted Southease Station . Toilets may be open at YHA Cafe here.

### **Changeover 4-5                      A27 lay by**

Return North to the A27 to Brighton. Take Falmer turnoff and drive across the A27 road to return along A27 towards Lewes to the lay-by before the garage and almost opposite the Newmarket Inn. The changeover is just past the footbridge at the bottom of path. Plenty of time here for toilets etc (if you can find any anywhere?). Do NOT cross A27 to cheer on your runner. (DQ)

### **Changeover 5-6                      Ditchling Beacon**

Continue along A27 to Kingston (Ashcombe) roundabout moving across to outside lane for U-turn and return towards Brighton via A27. Fork left past Falmer station onto A270 Turn right up Coldean Lane and then right at the top to Ditchling Beacon. Two baton change at marshals' directions at the gate. Car Park has a charge to the National Trust. Can be very busy here. 2 BATONS.

### **Changeover 6-7                      Saddlescombe**

***You need to be quick to this changeover.***

Return to the A27 Brighton Bypass and head towards Worthing. Turn off at Dyke Road and head towards the Dyke. Take left fork towards the Dyke and continue past the golf course and clubhouse - do not take left turn to the Dyke Hotel. Continue on for 400 metres and enter car park on your left. (entrance can be very tight for large vans so park on the verge if possible!) The changeover is at the bottom of the hill past the reservoir (approx 400 metres). 2 BATONS – no crossing the road by any team member apart from the incoming runner when they finish.

### **Changeover 7-8 River Adur, Beeding**

**Only runner can cross road**

***You need to be quick to this changeover.***

Exit car park and turn retrace route to A27 head west to the Shoreham Airport traffic lights where you turn right. Proceed north on Coombes Road to Botolphs where the road becomes Annington Road. Parking at marshals direction in field on right.

### **Changeover 8-9 Washington Village**

Head north on Annington Road, take first lane left which will bring you to A283 roundabout. Take the A283 to Steyning Bypass to continue west. Just before the A24 roundabout turn left to Washington village. Follow this road uphill to the end and park in the car park on the left just before the A24 or on the verge at the bottom of the carpark lane. Walk uphill to the changeover at a left turn (right for the runners). Plenty of time here but the car park gets busy with vans which might block you in!!

***If possible send your leg 10 runner on to Springhead Hill with a team that are leaving ahead of you.***

### **Changeover 9-10 Springhead Hill**

***You need to be quick to this changeover. Traffic often bad in Storrington and holdups on narrow bostal road likely .***

Return the way you came to the A283 turn left and across roundabout to Storrington. Drive through village and turn left on the B2139 (garage here). After 1.5 mile turn left onto small narrow bostal road (Kitson Hill) ***very easy to miss this turning*** so go slowly. The changeover is at the top of this narrow winding road – **BEWARE OTHER VEHICLES COMING DOWN VERY FEW PASSING PLACES.**

### **Changeover 10-11 Houghton**

***You need to be quick to this changeover.***

Return to B2139 and turn left to Amberley under railway and over river. At Houghton look for right turning just before pub (Houghton Lane). The changeover is about 100m down road. Park in the designated carpark in the farm before the changeover.

### **Changeover 11-12 Littleton Farm**

**ONLY OUTGOING RUNNER TO CROSS ROAD.**

Continue North to Bury, turn left at village crossroads. At Main road (A29) turn right and immediately left. Follow signs to Bignor and Sutton (narrow roads). At Sutton turn left at pub and follow tiny lane back to A285. Turn left and changeover is 1.5 mile down this road on left. Parking in the field – beware steep entrance to field and runners in the way but plenty of parking here. The changeover by the road. 2 BATONS.

NB Tea often available here but watch out for cowpats in this field!!!

### **Changeover 12-13 Hill Barn**

***You need to be quick to this changeover.***

**ONLY RUNNER TO CROSS ROAD**

Continue south on the A285. Take the right turn to East Dean, pass through Charlton and Singleton. Turn right on the A286 towards Cocking. The changeover is just south of Cocking. Park in field on right at marshals' direction and signs - plenty of room.

2 BATONS

### **Changeover 13-14 Harting Down Car Park**

Head south on the A286 towards West Dean continue to B2141 turning. Turn right on the B2141 through Chilgrove and on towards South Harting. 6-7 miles along this road is the car park on Harting Down on the right. Park in field on the right just as you enter main carpark. You will have a lot of time here and see most other teams. Chill out...Ice cream Van sometimes !

## Changeover 14-15 Queen Elizabeth Park

**You need to be VERY quick to this changeover.**

Continue on B2141 downhill, Turning right onto the B2146 into South Harting. IN SOUTH HARTING turn left continuing on the B2146 towards DITCHAM and NURSTED. In Nursted turn left at Stanbridge to Buriton. Continue through Buriton onto to A3. Turn south on A3 to QE2 park sliproad approx 1 mile and through main carparks to Relay carpark at far end. (It is necessary to pay at this car park)

**Alternate route** continue through Petersfield to A3 –

Turn south on A3 to QE2 park sliproad approx 1 mile and through main carparks to Relay carpark at far end.

## Changeover 15-16 Sustainability Centre (HMS Mercury)

Take North route on A3 (under the road on exiting QE2) then turn off left signed Petersfield and left to country lane signed East Meon. Follow narrow country lane. At Oxenbourne house turn left and then bear right to continue under pylons. At T junction turn left and at top of hill fork right and right to HMS Mercury Sustainability Centre. Follow directions for parking on your left. The changeover is on your left at the car park entrance. Toilets normally available in sustainability centre. Cafe sometimes open.

**Hildi has an alternative and better route:** Continue south on A3, take first left, then left to go over the A3 toward Clanfield. Left again and then right. Turn right immediately after The Rising Sun. Follow road signposted left at top of hill. Sustainability Centre is well signed from after A3 turning.

## Changeover 16-17 Winchester Hill

Continue West out of Sustainability Centre to Winchester Hill Car Park on your left. Short drive so no rush here. Changeover is near entrance to car park on the road. Car park can be busy –there are laybys on road a little further down *Shout at runners coming up the hill to make sure they don't walk!!! Binoculars useful to spot runners at base of hill.*

## Changeover 17-18 Holding Farm

You have a lot of time but don't get caught out by dilly-dallying – Make sure you get there before the leg 17 runner!!

Follow same road (avoid all left and right turnings) to Warnford. At A32 turn left and then right on B road towards Wheely Down farm.

(If going to Exton bridge to cheer on runner carry on A32 for approx 1.5 miles and take right turn at Exton Bridge to Park and cheer- watch out for runners crossing the road here from left to right – return on A32 to B road to Wheely Down Farm just after watercress farm)

Avoid all other turnings **and go straight across at the crossroads** with pub (Runners are on this road). About 1.5 miles at another crossroads turn right to join the A272 and turn right. Holden Farm is 0.5 miles on right and the changeover is here. Park where directed - PRIVATE PROPERTY

## To Finish

From Holden Farm turn left onto A272 to Winchester. At Cheesefoot Head there is parking on the right about 50 metres from where the runner will cross road. Stand and cheer loudly. Return to transport and continue along A272 to turn left at junction with A31. Entrance to Sports (Chilcomb Sports Ground) field is 0.5 mile on left - small entrance drive easily missed – **do not** take earlier turning to Chilcomb village. Early arrivals can park in the car park. Later arrivals may have to park on road. Club house and showers available. Buy round of drinks and await other finishers. Buy all of them a round if you have won! Buy me a round if you have not got lost. Don't forget to hand in your batons and any incident forms and time sheets. Fall asleep on way home (except driver)

**Driver** - Turn left out of sports ground lane and proceed south the next roundabout and onto M3 towards Southampton

Then follow motorways back towards Brighton.....